

JUMP'N JOY Gymnastics

Winter
2024 & 2025

www.debsjumpnjoy.com



Christian Based Program- weekly bible lessons

THE DEADLINE FOR CURRENTLY ENROLLED STUDENTS IS FRIDAY 11/1. DO NOT SWITCH CLASSES WITHOUT PRIOR APPROVAL.

217 Church Road, North Wales, PA 19454
Located at Volpe Enterprises Building
NEW students call 215-570-0678 to register!

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WINTER CLASSES START 11/19, 11/20 & 11/21.
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NO CLASSES 11/26, 11/27, 11/28 (THANKSGIVING)
NO CLASSES 12/24, 12/25, 12/26, 12/31, 1/1 & 1/2 (CHRISTMAS & NEW YEARS)
LAST CLASSES OF WINTER SESSION 2/11, 2/12 & 2/13.

Gymnastics Class Fees
45 minute class, 10 weeks - \$160
60 minute class, 10 weeks - \$170
***An additional \$30 yearly registration required**
*Cash/check accepted.
Checks can be made payable to Jump N Joy Gymnastics.
*We do not accept credit cards.
10 Week Session

Tuesday

10:00-10:45 (Tots: 2^{1/2}-3yrs)
11:00-11:45 (4yrs-K)
1:00-1:45 (4yrs-K)
4:30-5:15 (4yrs-K)
5:25-6:10 (4yrs-K)
6:20-7:20 (1st-3rd Beg. I, II, III, & Int.)
7:30-8:30 (1st grade & up, Beg. I, II, III, Int. & Adv.)

Wednesday

10:00-10:45 (Tots: 2^{1/2}-3yrs)
11:00-11:45 (4yrs-K)
4:30-5:30 (1st grade & up, Beg. I, II, III, & Int.)
5:40-6:25 (Tots: 2^{1/2}-3yrs)
6:35-7:20 (4yrs-K)
7:30-8:30 (1st grade & up, Beg. I, II, III, Int. & Adv.)

Thursday

10:00-10:45 (4yrs-K)
11:00-11:45 (Tots: 2^{1/2}-3yrs)
4:15-5:15 (1st grade & up, Beg. I, II, III, Int. & Adv.)
5:25-6:10 (4yrs-K)
6:20-7:20 (1st-3rd Beg. I, II, III, & Int.)
7:30-8:30 (3rd Grade & up, Beg. I, II, III, Int. & Adv.)

CLASS DESCRIPTIONS



Me & My Tots 2^{1/2}-3 years (Tots)

A fun class for you and your child. Enjoy a different obstacle course each week as well as lots of singing, dancing, running, jumping, and rolling!

Preschool & Entering Kindergarten- Ages 4 to 6 years (4yrs-K)

Learn gymnastics in an exciting, constructive and enjoyable setting. A great way for young children to develop a basis for self-worth and a platform for other sports as well.

Instructional Beginner Gymnastics (Beg. I, II, III)

Progressive learning for boys and girls on vault, bars, beam and floor with experienced staff. Positive, non-competitive setting with an emphasis on safety and form.

Instructional Intermediate Gymnastics (Int.)

For the experienced gymnast who can perform front and back limbers as well as a pullover on the bars. We will work on walkovers, handsprings, and backhipcircles as well as cartwheels and rolls on the beam.

Advanced Gymnastics (Adv.)

Strength, conditioning and flexibility are the emphasis in this class as we work on pre-competitive and competitive skills. Requirements are front and back walkovers and a pullover backhipcircle on the bars.



CLASS SCHEDULE



Child's Name _____
Parent's Name _____
Phone _____ Email _____
Date of Birth _____ Age _____ Class _____
Day _____ Time _____ Grade _____
Amount Enclosed \$ _____ (checks payable to Jump N Joy)

Detach and Return with Payment