

# JUMP'N JOY Gymnastics

www.debsjumpnjoy.com

## Winter 2024 & 2025



Christian Based Program- weekly bible lessons

THE DEADLINE FOR  
CURRENTLY ENROLLED

STUDENTS IS FRIDAY 11/1. DO  
NOT SWITCH CLASSES  
WITHOUT PRIOR APPROVAL.

217 Church Road, North Wales, PA 19454  
Located at Volpe Enterprises Building  
NEW students call 215-570-0678 to register!

Follow  
us on



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WINTER CLASSES START 11/19, 11/20 & 11/21.  
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NO CLASSES 11/26, 11/27, 11/28  
(THANKSGIVING)  
NO CLASSES 12/24, 12/25, 12/26, 12/31,  
1/1 & 1/2 (CHRISTMAS & NEW YEARS)  
LAST CLASSES OF WINTER SESSION 2/11,  
2/12 & 2/13.

Gymnastics Class Fees  
45 minute class, 10 weeks - \$160  
60 minute class, 10 weeks - \$170  
**\*An additional \$30 yearly registration required**  
\*Cash/check accepted.  
Checks can be made payable to Jump N Joy Gymnastics.  
\*We do not accept credit cards.  
**10 Week Session**

## Tuesday

10:00-10:45 (Tots: 2<sup>1/2</sup>-3yrs)  
11:00-11:45 (4yrs-K)  
1:00-1:45 (4yrs-K)  
4:30-5:15 (4yrs-K)  
5:30-6:15 (4yrs-K)  
6:25-7:25 (1st-3rd Beg. I, II, III, & Int.)  
7:30-8:30 (1st grade & up,  
Beg. I, II, III, Int. & Adv.)

## Wednesday

10:00-10:45 (Tots: 2<sup>1/2</sup>-3yrs)  
11:00-11:45 (4yrs-K)  
4:30-5:30 (1st grade & up,  
Beg. I, II, III, & Int.)  
5:40-6:25 (Tots: 2<sup>1/2</sup>-3yrs)  
6:35-7:20 (4yrs-K)  
7:30-8:30 (1st grade & up,  
Beg. I, II, III, Int. & Adv.)

## Thursday

10:00-10:45 (4yrs-K)  
11:00-11:45 (Tots: 2<sup>1/2</sup>-3yrs)  
4:15-5:15 (1st grade & up,  
Beg. I, II, III, Int. & Adv.)  
5:25-6:10 (4yrs-K)  
6:20-7:20 (1st-3rd Beg. I, II, III, & Int.)  
7:30-8:30 (3rd Grade & up, Beg. I, II, III,  
Int. & Adv.)

### CLASS DESCRIPTIONS



#### Me & My Tots 2<sup>1/2</sup>-3 years (Tots)

A fun class for you and your child. Enjoy a different obstacle course each week as well as lots of singing, dancing, running, jumping, and rolling!

#### Preschool & Entering Kindergarten- Ages 4 to 6 years (4yrs-K)

Learn gymnastics in an exciting, constructive and enjoyable setting. A great way for young children to develop a basis for self-worth and a platform for other sports as well.

#### Instructional Beginner Gymnastics (Beg. I, II, III)

Progressive learning for boys and girls on vault, bars, beam and floor with experienced staff. Positive, non-competitive setting with an emphasis on safety and form.

#### Instructional Intermediate Gymnastics (Int.)

For the experienced gymnast who can perform front and back limbers as well as a pullover on the bars. We will work on walkovers, handsprings, and backhipcircles as well as cartwheels and rolls on the beam.

#### Advanced Gymnastics (Adv.)

Strength, conditioning and flexibility are the emphasis in this class as we work on pre-competitive and competitive skills. Requirements are front and back walkovers and a pullover backhipcircle on the bars.



### CLASS SCHEDULE



Child's Name \_\_\_\_\_  
Parent's Name \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Class \_\_\_\_\_  
Day \_\_\_\_\_ Time \_\_\_\_\_ Grade \_\_\_\_\_  
Amount Enclosed \$ \_\_\_\_\_ (checks payable to Jump N Joy)

Detach and Return with Payment